

## **Morning Prayers**

### **At Home**

*[Upon arising, we recite the following. We do not recite the Name of God until after we have washed our hands for the first time after arising from sleep.]*

Blessed art thou, Adonai our God, King of the universe, who removest sleep from mine eyes, and slumber from mine eyelids.

*[After relieving yourself in the restroom, you wash your hands and recite the Blessing for Hand washing:]*

Blessed art Thou, Yahweh our God, King of the universe, who hast sanctified us by Thy commandments, and given us command concerning the washing of the hands.

*[After hand washing, leave the restroom and recite:]*

Blessed art thou, Yahweh our God, King of the universe, who hast given us the Torah of truth, and hast planted everlasting life in our midst.

Moses commanded us Torah as an inheritance of the congregation of Jacob.

Hear, O Israel: Yahweh is our God, Yahweh is One, Blessed be the name of His glorious kingdom for ever and ever.

And thou shalt love Yahweh thy God with all thine heart, and with all thy soul, and with all thy might.

And these words which I command thee this day shall be upon thine heart: and thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thine hand, and they shall be for frontlets between thine eyes. And thou shalt write them upon the doorposts of thy house and upon thy gates.

O my God, guard my tongue from evil, and my lips from speaking guile.

Open my heart to Thy Torah, and let my soul pursue thy commandments.

Let the words of my mouth and the meditation of my heart be acceptable before thee, O Yahweh, my Rock and my Redeemer, in thy Son, Yeshua ha'Mashiach.

## MORNING SERVICE FOR CONGREGATIONS

*[Individuals and families may use the congregational service or abridge where necessary]*

Magnified and praised be the living God: he is, and there is no limit in time unto his being.

He is One, and there is no unity like unto his unity; inconceivable is he, and unending is his unity.

He hath neither bodily form nor substance: we can compare nought unto him in his holiness.

He was before anything that hath been created—even the first: but his existence had no beginning.

Behold he is King of the universe: to every creature he teacheth his greatness and his sovereignty.

The rich gift of his prophecy he gave unto the men of his choice, in whom he gloried.

There hath never yet arisen in Israel a prophet like unto Moses, one who hath beheld his similitude,

The Torah of truth God gave unto his people by the hand of his prophet who was faithful in his house.

God will not alter nor change his Torah to everlasting for any other.

He watcheth and knoweth our secret thoughts: he beholdeth the end of a thing before it existeth.

He bestoweth loving-kindness upon a man according to his work; he giveth to the wicked evil according to his wickedness.

He will send Mashiach at the end of days, to redeem them that wait for the end — His Son Yeshua.

In the abundance of His loving-kindness God will quicken the dead. Blessed for evermore be His glorious Name.

He is King of the universe, who reigned before any creature yet was formed:

At the time when all things were made by His Word, then was His Name proclaimed King.

And after all things shall have had an end, He alone, the dreaded one, shall reign;

Who was, who is, and who will be in glory.

And He is One, and there is no other to compare to Him, to consort with Him:

Without beginning, without end: to Him belong strength and dominion.

And He is my God, Yahweh, and a rock in my travail in time of distress;

And He is my banner and my refuge, the portion of my cup on the day when I call.

Into His hands I commend my spirit, when I sleep and when I wake:

And with my spirit, my body also: Yahweh is with me, and I will not fear.

### **The Blessings:**

*[recited by rabbi or the head of the family]*

*[Rabbi or head of family washes hands:]*

Blessed art thou, Yahweh our God, King of the universe, who hast sanctified us by Thy commandments, and given us command concerning the washing of the hands.

Blessed art thou, Yahweh our God, King of the universe, Who hast formed man in wisdom, and created in him many orifices and vessels. It is revealed and known before the throne of Thy glory, that if one of these be opened, or one of those be closed, it would be impossible to exist and to stand before Thee. Blessed art thou, Yahweh, who healest all flesh and doest wondrously.

Blessed art Thou, Yahweh our God, King of the universe, who hast sanctified us by Thy commandments, and commanded us to occupy ourselves with the words of Thy Torah.

Make pleasant, therefore, we beseech Thee, O Yahweh our God, the words of Thy Torah in our mouth and in the mouth of Thy people, the house of Israel, so that we with our offspring and the offspring of Thy people, the house of Israel, may all know Thy Name and learn Thy Torah. Blessed art Thou, O Yahweh, who teachest Torah to Thy people Israel.

Blessed art Thou, Yahweh our God, King of the universe, who hast chosen us from all nations and given us Thy Torah. Blessed art Thou, O Yahweh, who givest Torah.

*[Facing the congregation, rabbi or the head of the family turns to the congregation to recite the following; if he is a kahein, he covers his head with the tallit and raises his hands in the normal form of blessing]*

May Yahweh bless Thee, and keep thee: may Yahweh make his face to shine upon thee, and be gracious unto thee: may Yahweh turn His face unto thee, and give thee peace.

*All: Amen.*

Blessed art thou, Yahweh our God, King of the universe, who hast given to the rooster intelligence to distinguish between day and night.

Blessed art thou, Yahweh our God, King of the universe, who hast called me unto His holy mountain.

Blessed art thou, Yahweh our God, King of the universe, who hast not made me a slave.

Blessed art thou, Yahweh our God, King of the universe, who openest the eyes of the blind.

Blessed art thou, Yahweh our God, King of the universe, who clothest the naked.

Blessed art thou, Yahweh our God, King of the universe, who loosest them that are bound.

Blessed art thou, Yahweh our God, King of the universe, who raisest up them that are bowed down.

Blessed art thou, Yahweh our God, King of the universe, who spreadest forth the earth above the waters.

Blessed art thou, Yahweh our God, King of the universe, who hast supplied my every want.

Blessed art thou, Yahweh our God, King of the universe, who hast made firm the steps of His people.

Blessed art thou, Yahweh our God, King of the universe, who girdest Israel with might.

Blessed art thou, Yahweh our God, King of the universe, who crownest Israel with glory.

Blessed art thou, Yahweh our God, King of the universe, who givest strength to the weary.

Blessed art thou, Yahweh our God, King of the universe, who removest sleep from mine eyes and slumber from mine eyelids.

And may it be thy will, O Yahweh our God and God of our fathers, to make us familiar with thy Torah, and to make us cleave to thy commandments.

*[With a group: Let us recite together, by the command of Maran Yeshua, his prayer:]*

*[When alone: I shall recite, by the command of Maran Yeshua, his prayer:]*

Our Father, who art in heaven, hallowed be Thy Name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And permit us not to see a trial, but deliver us from evil. For Thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

Our Father, permit us not to fall into the power of sin, or of transgression or iniquity, or of temptation, or of scorn: let not the evil inclination or any evil being have sway over us: keep us far from a bad man and a bad companion: make us cleave to the Thy will and to good works: subdue our inclination so that it may submit itself unto thee; and let us obtain this day, and every day, grace, favour and mercy in thine eyes, and in the eyes of all who behold us; and bestow loving-kindnesses upon us. Blessed art thou, O Yahweh, who bestowest loving-kindnesses upon thy people Israel.

May it be Thy will, O Yahweh my God and God of my fathers, to deliver me this day, and every day, from arrogant men and from arrogance, from a bad man, from a bad companion and

from a bad neighbour, and from any mishap, and from the adversary that destroyeth; from a hard judgement, and from a hard opponent, whether he be a son of the Covenant or be not a son or the Covenant.

At all times let a man fear God as well in private as in public, acknowledge the truth, and speak the truth in his heart; and let him rise early and say:

Sovereign of all worlds! Not because of our righteous acts do we lay our supplications before Thee, but because of Thine abundant mercies. What are we? What is our life? What is our piety? What our righteousness?

What our helpfulness? What our strength? What our might? What shall we say before Thee, O Yahweh our God and God of our fathers? Are not all the mighty men as nought before Thee, the men of renown as though they had not been, the wise as if without knowledge, and the men of understanding as if without discernment? For most of their works are void, and the days of their lives are vanity before Thee, and the pre-eminence of man over the beast is nought, for all is vanity.

Nevertheless we are Thy people, the children of Thy covenant, the children of Abraham, Thy friend, to whom Thou didst swear on Mount Moriah; the seed of Isaac, his only son, who was bound upon the altar the congregation of Jacob, Thy first born son, whose name thou didst call Israel and Jeshurun by reason of the love wherewith Thou didst love him, and the joy wherewith Thou didst rejoice in him.

It is, therefore, our duty to thank, praise and glorify thee, to bless, to sanctify and to offer praise and thanksgiving unto Thy name. Happy are we! how goodly is our portion, and how pleasant is our lot, and how beautiful our heritage! Happy are we who, early and late, morning and evening, twice every day, declare:

Hear, O Israel: Yahweh is our God, Yahweh is One, Blessed be the name of His glorious kingdom for ever and ever.

Thou wast the same when the world was created; Thou hast been the same since the world hath been created; Thou art the same in this world, and Thou wilt be the same in the world to come. Sanctify Thy Name upon them that sanctify it, yea, sanctify Thy name throughout Thy world; and through Thy salvation let our shofar be exalted and raised on high. Blessed art Thou, O Yahweh, who sanctifiest Thy Name amongst the many.

Thou art Yahweh our God in the heavens and on the earth, and in the highest heaven of heavens. Verily Thou art the first and Thou art the last, and beside Thee there is no God.

O gather them that hope for Thee from the four corners of the earth. Let all the inhabitants of the earth perceive and know that Thou art God, Thou alone, over all the kingdoms of the earth. Thou hast made the heavens and the earth, the sea and all that is therein; and which among all the works of Thy hands, whether among those above or among those beneath, can say unto thee, What doest thou?

Our Father who art in heaven, deal kindly with us for the sake of Thy great name by which we are called; and fulfil unto us, O Yahweh our God, that which is written, At that time will I bring you in, and at that time will I gather you; for I will make you a name and a praise among all the peoples of the earth, when I bring back your captivity before your eyes, saith the Lord Yahweh.

*[Before putting on the Tallith, recite the following:]*

I am here enwrapping myself in this fringed robe, in fulfilment of the command of my Creator, as it is written in Torah, They shall make them a fringe upon the corners of their garments throughout their generations. And even as I cover myself with the Tallit in this world, so may my soul deserve to be clothed with a beauteous spiritual robe in the world to come, in the garden of Eden. Amen.

*[On putting on the Tallit, recite the following:]*

Blessed art thou, Yahweh our God, King of the universe, who hast sanctified us by Thy commandments, and hast commanded us to enwrap ourselves in the tallit.

How precious is thy loving-kindness, O God! And the children of men take refuge under the shadow of Thy wings. They satisfy themselves with the fatness of Thy house; and Thou givest them to drink of the river of thy pleasures. For with thee is the fountain of life: in Thy light do we see light. O continue Thy loving-kindness unto them that know Thee, and Thy righteousness to the upright in heart.

*[Time permitting, Psalm 30 is recited]*

Blessed be He who spake, and the world existed: blessed be he: blessed be He who was the creator of the world in the beginning: blessed be He who speaketh and doeth: blessed be He who decreeth and performeth: blessed be He who hath mercy upon the earth: blessed be He who hath mercy upon His creatures: blessed be He who payeth a good reward to them that fear him: blessed be He who liveth for ever, and endureth to eternity: blessed be He who redeemeth and delivereth: blessed be His Name.

Blessed art Thou, O Yahweh our God, King of the universe, O God and merciful Father, praised by the mouth of Thy people, lauded and glorified by the tongue of Thy loving ones and Thy servants. We also will praise Thee, O Yahweh our God, with the songs of David Thy servant; with praises and psalms we will magnify, laud and glorify Thee, and we will make mention of Thy name, and proclaim Thee our King, O our God, Thou the only one, the life of all worlds. O King, praised and glorified be Thy great Name for ever and ever. Blessed art Thou, O Yahweh, the King extolled with praises.

*[On Sabbaths and Holy days, and on Hoshana Rabba, the following Psalm is read or recited in chant]*

Psalm 19.

For the Chief Musician. A Psalm of David. The heavens recount the glory of God, and the firmament declareth his handiwork. Day unto day poureth forth speech, and night unto night proclaimeth knowledge.

There is no speech nor language; their voice cannot be heard. Their sound is gone out through all the earth, and their words to the end of the world; in them hath he set a tent for the sun. And he is as a bridegroom coming out of his chamber, and rejoiceth as a strong man to run his course. His going forth is from the end of the heaven, and his circuit unto the ends of it: and there is nothing hid from his heat.

The Torah of Yahweh is perfect, restoring the soul: the testimony of Yahweh is faithful, making wise the simple. The precepts of Yahweh are right, rejoicing the heart: the commandment of Yahweh is pure, enlightening the eyes. The fear of Yahweh is clean, enduring for ever; the judgements of Yahweh are truthful, righteous altogether. More to be desired are they than gold, yea, than much fine gold; sweeter also than honey and the droppings of the honeycomb. Moreover by them is thy servant warned: in keeping them there is great reward.

Who can discern his errors? Clear thou me from hidden faults. Keep back thy servant also from presumptuous sins; let them not have dominion over me: then shall I be blameless, and I shall be clear from great transgression. Let the words of my mouth and the meditation of my heart be acceptable before thee, O Yahweh, my Rock and my Redeemer.

*[When more than two are present as a congregation, the following should be added, especially during Sabbaths and Holy Days]*

*Leader:* Praised be Thy Name for ever, O our King, the great and holy God and King, in heaven and on earth; for unto thee, O Yahweh our God, and God of our fathers, song and praise are becoming, hymn and psalm, strength and dominion, victory, greatness and might, renown and glory, holiness and sovereignty, blessings and thanksgivings from henceforth even for ever. Blessed art thou, O Yahweh, God and King, great in praises, God of thanksgivings, master of wonders, who makest choice of song and psalm, O King and God, the life of all worlds.

Magnified and sanctified be His great Name in the world which He hath created according to His will. May He establish His kingdom during your life and during your days, and during the life of all the house of Israel, even speedily and at a near time, and say ye, Amen.

*Congregation:* Amen. Let His great Name be blessed for ever and to all eternity.

*Leader:* Blessed, praised and glorified, exalted, extolled and honoured, magnified and lauded be the Name of the Holy One, blessed be He; though He be high above all the blessings and hymns, praises and consolations, which are uttered in the world; and say ye, Amen.

*Congregation: (quietly)* Amen. Blessed, praised, glorified, exalted and extolled be the Name of the supreme King of kings, the Holy One, blessed be He, who is the first and the last, and beside Him there is no God. Extol ye Him that rideth upon the heavens by His name Yah, and rejoice before Him. His Name is exalted above all blessing and praise. Blessed be His name, whose glorious kingdom is for ever and ever. Let the Name of the Lord Yahweh be blessed from this time forth and for evermore.

*Leader:* Bless ye Yahweh who is to be blessed.

*All:* Blessed is Yahweh who is to be blessed for ever and ever.

*Leader:* Blessed art thou, Yahweh our God, King of the universe, who formest light and createst darkness, who makest peace and createst all things: Who in mercy givest light to the earth and to them that dwell thereon and in Thy goodness renewest the creation every day continually. How manifold are Thy works, O Yahweh! In wisdom hast Thou made them all: the earth is full of Thy possessions.

O King, who alone wast exalted from aforetime, praised, glorified and extolled from days of old; O everlasting God, in thine abundant mercies, have mercy upon us, Lord of our strength, Rock of our stronghold. Shield of our salvation, Thou Stronghold of ours!

The blessed God, great in knowledge, prepared and formed the rays of the sun: it was a boon He produced as a glory to His Name: He set the luminaries round about His strength. The chiefs of His hosts are holy beings that exalt the Almighty, and continually declare the glory of God and His holiness. Be thou blessed, O Yahweh our God, for the excellency of Thy handiwork, and for the bright luminaries which Thou hast made: they shall glorify Thee for ever.

Be thou blessed, O our Rock, our King and Redeemer, Creator of holy beings, praised be Thy Name for ever, O our King; Creator of ministering spirits, all of whom stand in the heights of the universe, and proclaim with awe in unison aloud the words of the living God and everlasting King. All of them are beloved, pure and mighty; and all of them in dread and awe do the will of their Master; and all of them open their mouths in holiness and purity, with song and psalm, while they bless and praise, glorify and reverence, sanctify and ascribe sovereignty to the Name of the Divine King, the great, mighty and dreaded One, holy is he; and they all take upon themselves the yoke of the kingdom of heaven one from the other, and give sanction to one another to hallow their Creator: in tranquil joy of spirit, with pure speech and holy melody they all respond in unison, and exclaim with awe:

*All:* Holy, holy, holy, Lord Yahweh of hosts: the whole earth is full of Thy glory.

*Leader:* And the angels with a noise of great rushing, upraising themselves towards the Seraphim, thus over against them offer praise and say:

*All: (bowing)* Blessed be the glory of Yahweh from His place.

*Leader:* To the blessed God they offer pleasant melodies; to the King, the living and ever-enduring God, they utter hymns and make their praises heard; for He alone performeth mighty deeds, and maketh new things; He is the Lord of battles; He soweth righteousness,

causeth salvation to spring forth, createth remedies, and is revered in praises. He is the Master of wonders, who in His goodness reneweth the creation every day continually; as it is said, (O give thanks) to Him that maketh great lights, for His loving-kindness endureth for ever. O cause a new light to shine upon Zion, and may we all be worthy soon to enjoy its brightness. Blessed art thou, O Yahweh, Creator of the luminaries.

With abounding love hast Thou loved us, O Yahweh our God, with great and exceeding pity hast Thou pitied us. O our Father, our King, for our fathers' sake, who trusted in Thee, and whom Thou didst teach the statutes of life, be also gracious unto us and teach us.

O our Father, merciful Father, ever compassionate, have mercy upon us; O put it into our hearts to understand and to discern, to mark, learn and teach, to heed, to do and to fulfil in love all the words of instruction in Thy Torah. Enlighten our eyes in Thy Torah, and let our hearts cleave to Thy commandments, and unite our hearts to love and fear Thy Name, so that we be never put to shame. Because we have trusted in Thy holy, great and revered Name, we shall rejoice and be glad in the salvation offered upon the cross.

O bring us in peace from the four corners of the earth, and make us go upright to our land; for Thou art a God who worketh salvation. Thou hast chosen us from all peoples and tongues, and hast brought us near unto Thy great Name for ever in faithfulness, that we might in love give thanks unto Thee and proclaim Thy unity.

*All:* Blessed art thou, O Yahweh, who hast chosen thy people Israel in love.

*[Reading of Deuteronomy 6:4–9]*

Hear, O Israel: Yahweh is our God, Yahweh is One.

Blessed be the name of His glorious kingdom for ever and ever.

And thou shalt love Yahweh thy God with all thine heart, and with all thy soul, and with all thy might. And these words, which I command thee this day, shall be upon thine heart: and thou shalt teach them diligently unto thy children, and shalt talk of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt bind them for a sign upon thine hand, and they shall be for frontlets between thine eyes. And thou shalt write them upon the door posts of thy house, and upon thy gates.

*[Reading of Deuteronomy 11:13–21]*

And it shall come to pass, that if ye shall hearken diligently unto My commandments which I command you this day, to love Yahweh your God, and to serve Him with all your heart and with all your soul, that I will give the rain of your land in its season, the former rain and the latter rain, that thou mayest gather in thy corn, and thy wine, and thine oil. And I will give grass in thy field for thy cattle, and thou shalt eat and be satisfied. Take heed to yourselves, lest your heart be deceived, and ye turn aside, and serve other gods, and worship them; and the anger of Yahweh be kindled against you, and he shut up the heaven, that there be no rain, and that the land yield not her fruit; and ye perish quickly from off the good land which Yahweh giveth you. Therefore shall ye lay up these My words in your heart and in your soul;

and ye shall bind them for a sign upon your hand, and they shall be for frontlets between your eyes. And ye shall teach them your children, talking of them when thou sittest in thine house, and when thou walkest by the way, and when thou liest down, and when thou risest up. And thou shalt write them upon the door posts of thine house, and upon thy gates: that your days may be multiplied, and the days of your children, upon the land which Yahweh sware unto your fathers to give them, as the days of the heavens above the earth.

*[Reading of Numbers 15:37-41]*

And Yahweh spake unto Moses, saying, Speak unto the children of Israel, and bid them that they make them a fringe upon the corners of their garments throughout their generations, and that they put upon the fringe of each corner a cord of blue: and it shall be unto you for a fringe, that ye may look upon it, and remember all the commandments of Yahweh, and do them; and that ye go not about after your own heart and your own eyes, after which ye use to go astray: that ye may remember and do all my commandments, and be holy unto your God. I am Yahweh your God, who brought you out of the land of Egypt, to be your God: I am Yahweh your God.

*[Time permitting, the following is recited:]*

Who is like unto thee, O Yahweh, among the might ones? Who is like unto thee, glorious in holiness revered in praises, doing marvels?

With a new song the redeemed people offered praise unto Thy Name at the sea shore: they all gave thanks in unison, and proclaimed Thy sovereignty, and said,

Yahweh shall reign for ever and ever.

*All: Amen and Amen.*

O Rock of Israel, arise to the help of Israel, and deliver, according to Thy promise, Judah and Israel. Our Redeemer, Yahweh of hosts is His Name, the Holy One of Israel. Blessed art Thou, O Yahweh, who redeems Israel through Thou Son Yeshua ha'Mashiach.

*All: Amen.*

*[All should be standing if possible during the following:]*

Blessed art thou, O Yahweh our God and God of our fathers, God of Abraham, God of Isaac, and God of Jacob, the great, mighty and revered God, the most high God, who bestowest loving-kindnesses, and possessest all things; who rememberest the pious deeds of the patriarchs, and in love wilt bring a redeemer to their children's children for thy name's sake.

*All: Holy, holy, holy is Yahweh of hosts: the whole earth is full of His glory. Amen.*

**The Daily Declarations:** *[all standing]*

I declare myself to be a servant of Yahweh God.

I declare myself to be one who worships the one and only Yahweh God who is (in) Yeshua ha'Mashiach.

I declare myself to be one who guards our Most Holy Faith from any attack by its enemy.

I declare my intentions to be steadfast in the belief of One God who is made known through the Father, Son and Holy Spirit, three aspects in One Supreme Godhead.

I declare my belief in the Son of God, Yeshua ha'Mashiach, the only Son of God.

I declare my belief in the prophecy of Mosha and the truth of Torah given through him.

I declare my belief in the written Word of God the Scriptures given to Mosha and to the Prophets and in the Gospel of Yeshua ha'Mashiach ben Elohim.

I declare my belief in the Fire of the Word of God.

I declare that I will resolutely never permit the Fire entrusted to me as a servant of Alaha to be extinguished as long as there is breath within my body.

I declare my rejection of those who encroach upon all that is sacred in the Holy Land.

I declare that the traditions and teachings given to us through the Chosen Twelve shall always be within my heart and on my lips, for it was they who gave us, through Maran Yeshua: baptism, confession to God and to man, the doctrine of the Twelve, the sacred ministry, anointing by the sacred oil of Yahweh, the gathering together to break the Holy Bread of the Presence, raising up of the Cross before my eyes and before the peoples, assistance and prayer with anointing with oil of those who fall into illness, and observance of and devotion to the Word of Fire of God.

I declare my belief in the peaceful life, and I will not take up the sword against my brother. I declare my belief in the Revelation of God through His servants the angels and spirits for the good of all mankind and in the progress to the Great Light of God.

I declare my belief in observing Torah given to Mosha and ratified by being sealed in the blood of the Lamb.

I declare that I will resolutely honor and defend the Chair of Mosha and the Throne of Ya'aqub and the Presence of the Archangel Michael through the continuation of the Twelve Holy Apostles who are always with us.

Amen.

*[If Saturday morning, the Torah is now read with the congregation sitting]*